

AACA Toilet Training Policy



Children should be independent in their toileting skills. This includes getting on the toilet by themselves (without potty seats) and cleaning themselves (using wipes or toilet paper). Feel free to reach out to us if you would like some tips on how to practice. Pull-ups should not be worn (even at nap time).

If your child has a bathroom accident:

- Children are expected to change themselves (we can give directions, but legally cannot help them beyond buttons and zippers).
- Parents will be called to change children who are unable to change themselves.
- Children who have more than one accident in a single day need to be picked up from school and can return on their next scheduled school day.
- Children who have excessive (multiple times a week) toileting issues beyond the first three weeks of school will need to stay home until they are more proficient in using the bathroom. If this happens, staff will meet with parents to formulate a plan so that your child can return to school.
- Please remember to bring a change of clothing to school. Also, remember to keep up with the clothing as the weather changes and your child grows.

One way to assist your child with this transition is to coach them in feeling comfortable using adult size toilets (and urinals) in public settings. This will help familiarize your child with the new setting and increase their feelings of competency in self-help skills.